



Idaho Chaplains Association

Chaplain Ordination/Endorsement

The face of Christ in the face of Crisis©



AUTHORIZED
CTI CHAPLAIN TRAINING

Cost

Cost for Advanced Chaplains Training Course, includes certificate of Advanced Chaplaincy Training. Cost is \$500 and can be made in installments if needed.

UNIT 3 – HEALING THE WOUNDS OF TRAUMA

Textbook - HEALING THE WOUNDS OF TRAUMA – North American Edition

Originally developed by Barry Surratt modified and Updated for 2026

Reading Assignments

(Textbook – HEALING THE WOUNDS OF TRAUMA – North American Edition – provided by ICA)

Read one chapter per week (Chapters 1-6); Take longer if needed to complete the chapters and questions.

- 1. Complete a Reading Summary for each chapter**
- 2. Include answers to any Discussions and Closing questions for each Section within the chapter**
- 3. Add a section: Comments or questions you have related to the material presented**
- 4. Be prepared to discuss during monthly meetings**
 - Chapter 1 – If God Loves Us, why do we suffer?
 - [THI Seminar Video](#) - (start video at 4:45)
 - Chapter 2 – What is a wound of the heart?
 - Chapter 3 – What can help our heart wound heal?
 - Chapter 4 - What happens when someone is grieving?
 - Chapter 5 – Bringing our pain to the cross?
 - Chapter 6 – How can we forgive others?
 - REVIEW Lessons (1-6) - WRITE AN ESSAY: In your own words, describe the process of Trauma Healing from the realization of emotional wounding to the resolution brought about by submitting your suffering to God and the healing journey.



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DETAILED INSTRUCTIONS for each of the following **THREE LESSONS**:

Guidelines for Reflection Papers/Essays:

At least 500 words (approximately 1 page single-spaced or two pages double-spaced - 12-point font) or more if needed to convey your thoughts.

This is NOT a book report - engage with the chosen topic and report where you agree and any areas you disagree have concerns or other ideas, etc. Succinctly write why this topic interests you, and deal with how this chapter's activities have enabled you to understand better the issue discussed.

• **OPTIONAL LESSONS**

- Pick a topic that interests you from Chapters 7 through 14
- Do all the work in that chapter (stories, discussion questions, etc.)
- WRITE AN ESSAY on your chosen topic

• **CHAPTER 15** - How can we live as Christians in the midst of a conflict?

- Read the skits, stories, activities, and exercises and consider the discussion questions.
- **WRITE AN ESSAY:** *How can we live as Christians in the midst of a conflict?*, to convey your thoughts about **how you see** conflict in our society and culture (present and future) and how you plan to live out your Christian beliefs in a divided country.

• **CHAPTER 16** – Read and consider how you need to be prepared physically, emotionally, and spiritually for whatever conflict our future holds.

- Make some notes to share your thoughts in our next face-to-face class.
- Complete a Ministry Project for this topic



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Ministry Project:

Develop a ministry project that combines principles learned with practical ministry. Simply share your insights with an individual, or Sunday school class, youth or adult group or Bible study, etc.

Afterwards, write and turn in a one page summary or evaluation of your time of sharing. Include the following:

1. Your Name
2. The place where you shared, and the audience with whom you shared
3. A Brief summary of how your time went, how you felt, and how they responded
4. What you learned from your time spent

UNIT 4 – ADVANCED CHAPLAIN SKILLS

updated for 2026/2027

Handouts Provided by ICA for this lesson

- Skills Lessons 1 – The Art of Listening
- Skills Lessons 2 – Boundary Basics
- Skills Lessons 3 – Dealings with Feelings
- Skills Lessons 4 – Recognizing Anger
- Skills Lessons 5 – Progress or Results
- Skills Lessons 6 – Handling Crisis
- Skills Lessons 7 – Confidentiality
- Skills Lessons 7 – Confidentiality
- Skills Ministry Project based off your Reflection paper
- Skills Reflection Paper

Guidelines for Reflection Paper:

At least 750 words (approximately 1.5 pages single-spaced, or three pages double-spaced - 12-point font) or more to convey your thoughts. This is NOT a book report - engage with the chosen topic and report where you agree and any areas you disagree, have concerns or other ideas, etc. Succinctly write why this topic interests you, and deal with how this chapter's activities have enabled you to understand better the issue discussed.



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UNIT 5 – CRITICAL INCIDENT STRESS MGMT (CISM)

Schedule for 2026/2027

(Textbook – **HEALING RELATIONSHIPS** – provided by ICA)

Readings for CISM Unit 5

- Lesson 1 – **Crisis Counseling Readings & Reflection Paper**
- Lesson 2 – **Depression Readings & Reflection Paper**

Guidelines for Reflection Paper:

*At least 750 words (approximately 1.5 pages single-spaced, or three pages double-spaced - 12-point font) or more to convey your thoughts. This is NOT a book report - engage with the chosen topic and report where you agree and any areas you disagree, have concerns or other ideas, etc. Succinctly write why this topic interests you, and deal with how this chapter's activities have enabled you to understand better the issue discussed. **Include your Name, Lesson # and Date at the top of your paper.***

Readings from *Healing Relationships* book for CISM Unit

- **Crisis Counseling** (Chapter 7)
- **Depression** (Chapter 9)
- **Suicide/ Surviving Suicide - Hewett** (Chapter 10)
- **Drug Dependency** (Chapter 12)

CISM Lesson 5.1

- **Crisis Counseling**
 - **Write a reflection paper on Crises you have experienced.**

Introduction to CISM [Education & Training - ICISF](#) [Home - Crisis Response Care](#)

- *[Search Online Classes]*

CISM Lesson 5.2

- **Depression**
 - **Write a reflection paper on your thoughts on Depression.**

CISM Lesson 5.3

- **Suicide/ Surviving Suicide – Hewett***



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- **Write a reflection paper on your thoughts on Surviving Suicide.**

❑ CISM Lesson 5.4

- **Drug Addictions & Overdoses**

- **Write a reflection paper on your thoughts about our nation's drug problems.**
-

❑ CISM Training Lesson 5.5

- **Read the information for each link below, Watch Videos (Youtube)**

- CISM Terminology https://www.criticalincidentstress.com/what_is_cism
- OSHA CISM Guidelines <https://www.osha.gov/emergency-preparedness/guides/critical-incident-stress>
- The 7 Core Components of CISM <https://icisf.org/a-primer-on-critical-incident-stress-management-cism/>
- CISD - <https://www.betterhelp.com/advice/stress/the-7-steps-of-critical-incident-stress-debriefing-and-how-they-support-trauma-recovery/>
- [Questions about CISM & CISD](#) (23:08)
- [Medic turned Musician](#) (01:00)
- [Introduction to Crisis Intervention](#) (06:43)
- [What Is Resilience: Top 5 Tips To Improve Your Resilience](#) (1:30)
- [CRC Training Session INTRO](#) (01:50)
- [Setting Up the Scene](#) (02:39)
- [PHASE 1-Debriefing](#) (09:14)

- **Write about YOUR reactions to the stories in these Phases after completing Lesson 5.5.**

❑ CISM Training Lesson 5.6

- [PHASE 2-Facts, 3-Thoughts](#) (27:12)
- [PHASE 4-Reactions](#) (29:37)

- **Write about YOUR reactions to the stories in these Phases after completing Lesson 5.6.**

❑ CISM Training Lesson 5.7

- [PHASE 5-Symptoms](#) (24:22)
- [PHASE 6-Teaching, 7-Re-entry](#) (21:51)
- [Chaplain's Story-1](#) (01:59)
- [Chaplain's Story-2](#) (01:23)
- [Chaplain's Story-3](#) (03:39)
- [Chaplain's Story-4](#) (07:08)
- [Chaplain's Story-5](#) (01:58)
- [First Responder Story](#) (01:47)
- [Aurora Theater Shooting](#) (03:01)



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- Write a paper about how these stories affected your chaplaincy.**

- CRC Training Lesson 5.8**
 - [CRC Training Debriefing](#) (8:34)
 - [Self-Care for First Responders](#) (04:42)
 - [Recognizing Critical Incident Stress](#) (09:36)
 - [How does Critical Incident Stress affect us?](#) (16:34)

- Write a paper to explain the purposes of the 7 Core Components of CISM.**

- CISM FINAL– CISM Reflection Paper**
 - **What part of CISM is the easiest for you? Which is most challenging?**

UNIT 6 – Biblical Leadership

Textbooks – Provided by Prisoners For Christ

- **BIBLICAL LEADERSHIP IN TURBULENT TIMES 1 - BASIC PRINCIPLES FOR CHRISTIAN LEADERS**
- **BIBLICAL LEADERSHIP IN TURBULENT TIMES 2 - LESSONS FROM GOOD BIBLICAL LEADERS**
- **BIBLICAL LEADERSHIP IN TURBULENT TIMES 3 - LESSONS FROM BAD BIBLICAL LEADERS**

Optional UNIT 7 – Pastoral Counselling

\$99 External Program by Christian Community Education

This 40-hour preparation course will provide the legal, ethical and biblical counseling skills to apply for a Registered Chaplain Credential or to start a counseling ministry at your local church.